

MANSFIELD PUBLIC SCHOOLS  
HEALTH SERVICES  
STUDENT WITH SEIZURE DISORDER EMERGENCY ACTION PLAN

Effective Date: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
Treating Physician: \_\_\_\_\_ DOB: \_\_\_\_\_ GR: \_\_\_\_\_  
Significant medical history: \_\_\_\_\_

**SEIZURE INFORMATION:**

Note to parents and physician: Please check student's symptoms and add additional information as needed.

- Generalized tonic-clonic: characterized by stiffening and jerking movements involving muscles on both sides of the body
- Myoclonic: characterized by brief muscle jerk, usually involves muscles on both sides of the body, most often the shoulders or upper arms
- Absence: characterized by a 5-to-15-second lapse of consciousness, during which the eyes may flutter, stare or move upward
- Atonic: characterized by sudden loss of muscle tone, which may cause falls
- Other: \_\_\_\_\_

Seizure triggers or warning signs: \_\_\_\_\_  
Student's reaction to seizure: \_\_\_\_\_

**TREATMENT PROTOCOL: Please include all daily medications**

**Daily Seizure Medication:**

Medication: _____	Dose: _____	Time: _____
Medication: _____	Dose: _____	Time: _____

**Other Medication Taken by Student:**

Medication: _____	Dose: _____	Time: _____
Medication: _____	Dose: _____	Time: _____
Medication: _____	Dose: _____	Time: _____

**Emergency Seizure Medication:**

Dosage & When Given: \_\_\_\_\_  
Administer prescribed emergency medication for a seizure lasting greater than \_\_\_\_\_ minutes

Does student have a Vagus Nerve Stimulator (VNS)? YES  NO  If YES, describe magnet use: \_\_\_\_\_

**Seizure Emergency Protocol: (Check all that apply and clarify below)**

- Contact school nurse
- Call 911 for: \_\_\_\_\_
- Notify parent or emergency contact
- Administer emergency medications as indicated
- Other \_\_\_\_\_

If rescue medication is administered:

- Call parent / guardian: for immediate dismissal
- Call 911

MANSFIELD PUBLIC SCHOOLS  
HEALTH SERVICES  
STUDENT WITH SEIZURE DISORDER EMERGENCY ACTION PLAN

**BASIC FIRST AID: CARE & COMFORT**

**Basic Seizure First Aid:**

- Stay calm & track time
- Keep student safe
- Do not restrain
- Do not put anything in mouth
- Stay with student until fully conscious
- Record seizure activity

**For tonic-clonic (grand mal) seizure:**

- Protect head
- Keep airway open/watch breathing
- Turn student on side

**A Seizure is generally considered an Emergency when:**

- A convulsive (tonic-clonic) seizure lasts longer than 3 minutes
- Student has repeated seizures without regaining consciousness
- Student has a first time seizure
- Student is injured or has diabetes
- Student has breathing difficulties
- Student has a seizure in water

**COMMUNITY ACTIVITY/LOCAL FIELD TRIPS/BUS TRANSPORTATION/AFTER SCHOOL ACTIVITIES/CHAMPS**

- Students will be permitted to participate in all scheduled outside activities.
- If the activity is local (i.e. walking to other schools, Target, market visits), a nurse will NOT be present on those outings unless discussion has occurred with nursing staff.
- On field trips/events that take place after school hours, parents/guardians can discuss plan with nurse so the student may go on field trip and parent/guardian will have the option to accompany student on the field trip.
- **There is NO school nurse** present during daily bus transportation unless indicated by student plan and at before or after school programs (including CHAMPS).
- In the event of a seizure during these events, adult will call 911. EMS WILL FOLLOW DESIGNATED SEIZURE PROTOCOLS.
- On all other field trips during the school day, a nurse will accompany students with prescribed medication and information regarding seizure protocol **unless an alternate plan has been made with parent/guardian.**

**In the event of a seizure during a local trip or after school activity:**

- Staff member will remain with the student and another staff member/teacher will call 911.
- Ease the student to the floor and roll the student to their side.
- Do not try to stop the seizure, or try to put anything into the student's mouth.
- Monitor the environment and remove anything that the student could injure themselves on.
- Avoid stimulating the student, as that can cause the seizure to last longer.
- Observe for details that would describe the seizure, how long did it last, any change in color, etc.
- Teacher/staff will notify parent/guardian and nurse's office as soon as 911 is initiated.

**SPECIAL CONSIDERATIONS & SAFETY PRECAUTIONS (regarding school activities, trips, etc.):**

**EMERGENCY CONTACT INFORMATION:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

- Parent/Guardian signature permits the nurse to administer this medication, communicate with the above named physician relative to the diagnosis and share this information with school staff, special education bus drivers, or Emergency Medical Services personnel.
- Signature denotes understanding that it is parent/guardian responsibility to pick up medication when it is no longer needed at school and that medication will be properly disposed of after its expiration date OR on the last day of school.
- Signature denotes understanding that it is the parent/guardian's responsibility to notify bus drivers, coaches or staff of any after school extracurricular activity of any medical issues of their student.

Parent/Guardian Signature:		Date:	
Physician Signature:		Date:	